



**Memorial
Hospital**

OF SWEETWATER COUNTY
1200 College Drive, Rock Springs, WY

Cafe Menu

Apr. 13th---Apr. 19th

Café Phone Line 307-352-8435

Breakfast

MONDAY	TUESDAY	WEDNESDAY
Oatmeal	Cream of Wheat	Malt-O-Meal
Egg/Cheese/Ham Breakfast Burrito	Fried Eggs	Eggs/Waffles
Buttery Hash Browns	Hash brown Patties	Buttery Hash browns
Crispy Bacon	Crispy Bacon	Crispy Bacon
Pork and Turkey Sausage	Pork and Turkey Sausage	Pork and Turkey Sausage
THURSDAY	FRIDAY	SATURDAY
Oatmeal	Cream of Wheat	Malt-O-Meal
Eggs/Biscuits & Gravy	Fluffy Scrambled Eggs	Omelettes
Crispy Bacon	Square Potatoes	Buttery Hash Browns
Pork and Turkey Sausage	Crispy Bacon	Crispy Bacon
	Pork and Turkey Sausage	Pork and Turkey Sausage
		SUNDAY
		Oatmeal
		Fluffy Scrambled Eggs
		Buttery Hash Browns
		Crispy Bacon
		Pork and Turkey Sausage

Pastry, Toast, Bagels, English Muffins, Yogurt, String, Cheese, Hard Boiled Eggs

Lunch

MONDAY	TUESDAY	WEDNESDAY
Potato Soup	Pasta Soup	Cream of Broccoli Soup
Chicken Fajitas	Pizza Day	Chinese Day
Corn and Black Beans		
THURSDAY	FRIDAY	SATURDAY
Chicken Noodle Soup	Wild Rice Soup	Mushroom Barley Soup
Cheese Stuffed Burgers	Grilled Chicken Strips	Hard/Soft Shell Taco
Shoe String Fries	Mashed Potatoes/Biscuits	Pinto Beans
Sauteed Baby Carrots	Green Beans	
		SUNDAY
		Tomato Soup
		Sub-Sandwich Day
		Chips

Salad Bar, Fresh Bread, Gluten Free Bread, Sandwiches, Fresh Fruit, Vegetables, Desserts

Dinner

MONDAY	TUESDAY	WEDNESDAY
Potato Soup	Pasta Soup	Cream of Broccoli Soup
French Dip	Chicken Alfredo	Warm Ham
Shoe String French Fries	French Bread	Au Gratin Potatoes
Diced Carrots	Sauteed Broccoli/Cauliflower Mix	Green Beans
THURSDAY	FRIDAY	SATURDAY
Chicken Noodle Soup	Wild Rice Soup	Mushroom Barley Soup
Shrimp Scampi	Hot Dog wrapped in bacon	Grilled Chicken
Over noodles	Curly Fries	Potato Wedges
Sauteed Zucchini	Coleslaw	Peas
		SUNDAY
		Tomato Soup
		Meatloaf
		Mashed Potatoes
		Corn

Salad Bar, Fresh Bread, Gluten Free Bread, Sandwiches, Fresh Fruit, Vegetables, Desserts

Breakfast 8:00 a.m. - 10:30 a.m. Lunch 11:30 a.m. - 1:30 p.m. Dinner 5:00 p.m. - 6:30 p.m.