

Health & Wellness Cost & Description

Wellness screenings are available every Tuesday and Wednesday. For an appointment, call (307) 352-8360. However, walk-ins are welcome. Fasting is recommended for accurate results. Wellness testing results can be forwarded to your doctor and mailed to your home.

For a description of Health & Wellness services written in Spanish, call (307) 352-8360.

Here is a list of pricing for Health & Wellness testing ONLY, which is available Tuesdays and Wednesdays.

Complete Wellness Panel - Comprehensive Chemistry Panel, \$37: This includes a CMP (comprehensive metabolic panel), lipid panel and uric acid. The CMP consists of 14 different tests that provide important information about the current status of metabolism, including kidney and liver health, as well as electrolyte and acid/base balance, plus glucose and blood protein levels. The test includes glucose, calcium, albumin, total protein, sodium, potassium, CO₂, chloride, BUN, creatinine, alkaline phosphatase, ALT, AST, and bilirubin.

Comprehensive Metabolic Panel (CMP), \$25: This is general health testing without a lipid panel and uric acid test.

Basic Metabolic Panel (BMP), \$20: Basic metabolic panel includes 8 different tests that provide information on the status of the body's metabolism. This test includes glucose, calcium, sodium, potassium, CO₂, chloride, BUN, creatinine.

Blood type (includes Rh), \$20

CBC with Differential, \$20: A CBC, complete blood count, measures red blood cells, platelets, hemoglobin, hematocrit and white blood cells. A CBC differential measures the number of each type of white blood cell. CBCs can be used to detect infections, anemia, diseases of the immune system, leukemia and other disorders. CBCs also can be used to monitor medications, chemotherapy or other health conditions.

CBC without Differential, \$8: A CBC, complete blood count, measures red blood cells, platelets, hemoglobin, hematocrit and white blood cells.

Ferritin, \$20: Iron is stored in a protein called ferritin. Ferritin is used to monitor total body iron stores.

Flu A and B (nucleic acid amplification), \$80: This molecular test, more accurate than a rapid flu test, detects genetic material from the influenza A and influenza B viruses.

Folic Acid, \$15: Folate is one of the B vitamins. The folic acid test is used to detect anemia or neuropathy, evaluate nutritional status, or monitor treatments.

G/C Chlamydia (nucleic acid amplification), \$100: Gonorrhea and chlamydia are common bacterial sexually transmitted diseases and can infect both men and women. They can cause serious complications and if not treated can be spread to others.

Glucose, \$10: The primary source of energy for all body tissues. This is a measure of sugar levels in your blood. A fasting glucose of greater than 126 mg/dL on more than one occasion is diagnostic of diabetes.

Hemoglobin A1C, \$25: Hemoglobin A1C is a form of hemoglobin in which a glucose is attached. Hemoglobin A1C measures the three-month average blood glucose concentration. A1C is used to diagnose and monitor diabetes. An A1C greater than 6.5% on more than one occasion is diagnostic of diabetes.

Hepatic Function Panel, \$20: This liver function test is used to screen, detect, evaluate, and monitor acute and chronic liver inflammation, liver infection, liver disease and/or liver damage. This test includes albumin, total protein, ALT, AST, alkaline phosphatase, bilirubin.

Hepatitis C, \$25: Detects antibodies against hepatitis C virus (HCV). The infection can last a lifetime and lead to liver damage, liver cancer and death. Most people who are infected with hepatitis C don't have any symptoms for years. Individuals with the HCV may be capable of transmitting it to others. Most individuals born between 1945 through 1965 should be tested for hepatitis C. Effective treatment is available.

HIV, \$25: The Human Immunodeficiency Virus infection may lead to AIDS. Effective treatment is available

Iron Panel (Iron + TIBC), \$25: Measures iron and total iron binding capacity in the blood and is used in detecting iron deficiency anemia, thalassemia, nutritional status, and disorders of iron metabolism.

Infectious Mononucleosis, \$15: Detects the viral infection of mononucleosis.

Lipid Panel, \$25: A lipid panel measures the level of total cholesterol, HDL, LDL and triglycerides.

Measles (rubeola) IgG, \$25: May be used as evidence of vaccination.

OB Panel with HIV, \$145: An obstetric (prenatal) panel is a group of blood tests done to check the health of a woman during early pregnancy. This test includes: CBC with differential, blood type and antibody screen, hepatitis B surface antigen, rubella antibody, RPR and HIV.

Potassium, \$10: Potassium is a mineral that your body needs. It helps your nerves to function, muscles to contract, and cells to function. Potassium is monitored during certain disease conditions and while taking certain medications.

Pregnancy, \$20: Confirms a pregnancy by detecting human chorionic gonadotropin, a hormone secreted by a developing placenta.

Prostate Specific Antigen (PSA), \$28: The PSA test is used to detect abnormalities of the prostate gland. The test is specific for the prostate. Elevated levels may be caused by diseases of the prostate, such as benign prostatic hypertrophy, prostatitis and prostatic cancer. Elevated levels are not diagnostic of cancer. Further testing may be indicated.

PT/INR, \$15: Prothrombin time (PT) and the accompanying international normalized ratio (INR) are usually used to monitor individuals who are taking the blood thinner warfarin. Coumadin is a brand name of warfarin.

Strep A (nucleic acid amplification), \$45: This molecular test is more accurate than a rapid strep test. While most sore throats are caused by viruses, some people develop streptococcal pharyngitis (strep throat) from a bacterium. Strep throat is contagious and if not detected and treated, some may develop secondary complications, such as rheumatic heart disease or kidney damage, especially in children.

Thyroid Stimulating Hormone (TSH), \$28: TSH is a hormone the body uses to regulate metabolism. TSH testing is used to screen for thyroid disorders and to monitor treatment of hypothyroidism and hyperthyroidism.

T4 Free, \$20: Free T4 is a thyroid hormone the body uses to control the rate of metabolism. Free T4 testing is used to detect thyroid disease, screen for hypothyroidism, and monitor treatments.

Uric Acid, \$15: Uric acid is a product of metabolic breakdown and high blood concentrations of uric acid can lead to gout.

Vitamin B12, \$15: Vitamin B12 has a key role in the normal function of the nervous system and formation of red blood cells. Measurement of vitamin B12 helps detect causes of anemia or neuropathy and to evaluate nutritional status

Vitamin D, 25-Hydroxy, \$15: Vitamin D helps the body absorb calcium which is important in bone development. Vitamin D has a role in nerve, muscle, and immune systems. Vitamin D forms naturally after exposure to sunlight or can be obtained from the diet or from supplements.

Estradiol, \$35: Estradiol is the hormone involved in the regulation of the female reproductive cycle. The estradiol test is suitable for women of child bearing age.

Estrogen, \$60: Recommended test for measuring estrogen in men, children, or postmenopausal women. Estrogen tests may be performed to detect a hormone excess and its cause.

Progesterone, \$40: Aids in the workup of suspected infertility, detection of ovulation, and assessment of the luteal phase of the menstrual cycle.

Prolactin, \$30: Prolactin is a hormone whose primary role is to promote breast milk production. Testing is also used to investigate unexplained flow of breast milk, absence of menstrual periods, and infertility in women and men.

Testosterone, \$25: Aids in the evaluation of suspected hypogonadism in men. Use to monitor testosterone replacement therapy. Not recommended for use in women and children